

	Autumn		Spring		Summer		
Reception PE is taught through Physical Development and Expressive Arts and Design	Ball skills – unit 1 (6 weeks)	Gymnastics – unit 1 (6 weeks)	Dance – unit 1 (6 weeks)	Fundamentals – unit 1 (6 weeks)	Fundamentals – unit 2 (6 weeks)	Games – unit 1 (6 weeks)	
Year 1	Gymnastics (6 weeks) Fundamentals (6 weeks)	Creative movement (12 weeks)	Invasion Games (6 weeks) Ball skills (6 weeks)	Sending and receiving (6 weeks) Team building (6 weeks)	Athletics (6 weeks) Target games (6 weeks)	Striking and Fielding (6 weeks) Net and wall (6 weeks)	
Year 2	Gymnastics (6 weeks) Fundamentals (6 weeks)	Creative Movement (12 weeks)	Invasion Games (6 weeks) Ball skills (6 weeks)	Sending and receiving (6 weeks) Team building (6 weeks)	Athletics (6 weeks) Target games (6 weeks)	Striking and Fielding (6 weeks) Net and wall (6 weeks)	
Year 3	Gymnastics (6 weeks) Fundamentals (6 weeks)	Creative Movement (12 weeks)	Hockey (6 weeks) Ball skills (6 weeks)	OAA (6 weeks) Netball (6 weeks)	Athletics (6 weeks) Rounders (6 weeks)	Sports day practice (3 weeks)	Tennis (6 weeks)
Year 4	Gymnastics (6 weeks) Basketball (6 weeks)	Creative movement (12 weeks)	Football (6 weeks) Tag rugby (6 weeks)	Cricket (6 weeks) Tennis (6 weeks)	Athletics (6 weeks) Sports day practice (3 weeks)	Swimming (2 weeks intensive sessions)	
Year 5	Gymnastics (6 weeks) Hockey (6 weeks)	Creative Movement (12 weeks)	Badminton (6 weeks) Fitness (6 weeks)	OAA (6 weeks) Netball (6 weeks)	Athletics (6 weeks) Rounders (6 weeks)	Sports day practice (3 weeks)	Tennis (6 weeks)
Year 6	Gymnastics (6 weeks) Basketball (6 weeks)	Creative Movement (12 weeks)	Volleyball (6 weeks) Tag rugby (6 weeks)	Yoga (6 weeks) Football (6 weeks)	Athletics (6 weeks) Cricket (6 weeks)	Sports day practice (3 weeks)	Tennis (6 weeks)